

# LIFELINE MITTS INFO

## YARN

Fingering to chunky weight yarn.

Use table on page 3 as a guide to approximate yardage for your size, but be aware that this is only a rough guide.

Details for the yarn used for the samples can be found on page 4.

## GAUGE & SWATCHING

This pattern includes multiple gauges, so that you can use the gauge you get with your chosen yarn. Before casting on your mitts I recommend knitting a swatch of st st in the round.

The suggested needle size for your yarn should be a good starting point. If there isn't one refer to the table below for suggested needle sizes and a gauge range to aim for with standard yarn weights. If you know you usually need to size up or down needles you might want to start with a smaller or larger needle than is recommended.

### To knit a quick swatch for projects in the round:

Cast-on enough stitches to give you 3" / 7.5cm using the suggested gauge for your yarn. Do not join in the round. Knit across, \*then slide the stitches back to the other end of the needle without turning. Bring the yarn across the back of the work and knit across all stitches again. Rep from \* until your swatch measures approx 3" / 7.5cm.

Wash and block your swatch before measuring your gauge.

Take a moment to assess the fabric of your swatch. If you're happy with how it feels, measure how many stitches you have over the centre 2" / 5cm and divide the result by two. You'll use this number to find your row in the multi-gauge tables in the pattern (see page 3).

## NEEDLES

Dpns or circulars for your preferred method of working small circumferences in the round in the size you swatched with.

**For the ribbed edgings option:** A second set of dpns or circulars for your preferred method of working small circumferences in the round 2 sizes smaller.

This pattern can be used for any method of knitting small circumferences in the round.

The mitts are knit in the round, with a stitch count that won't fit comfortably around standard circular needles. This means that you'll need to use a special method for knitting small circumferences in the round. The traditional option is a set of double pointed needles. Longer circulars can be used for the "magic loop" or "two circulars" techniques.

If you're a newer knitter and haven't yet tried any of these techniques practice on a swatch in a yarn that's double knitting weight or thicker. Once you've decided which technique to use for your mitts stick with that method throughout.

## NOTIONS

Stitch markers, scrap yarn.

## SIZING

### A[B, C, D, E, F, G]

toddler [child (4–8 yrs), child–adult small, adult medium, adult large, adult x-large, adult xx-large]

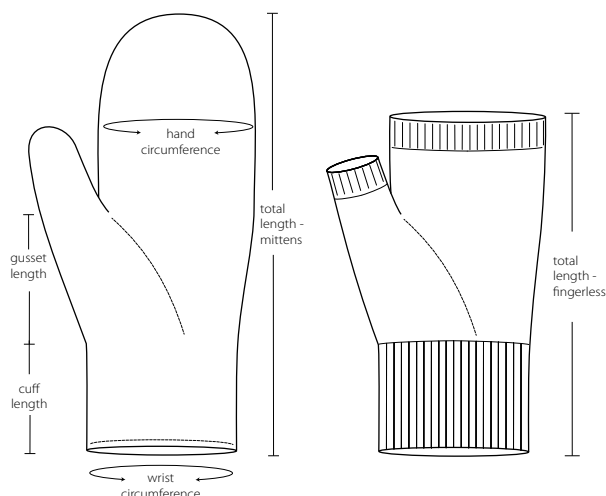
**To fit hand circumference of approx:** 5[5¾, 6½, 7¼, 8, 8¾, 9½]" / 12.5[14.5, 16.5, 18.5, 20.5, 22, 24]cm

### SWATCHING IN THE ROUND

<https://ysolda.com/blogs/journal/swatch-in-the-round>

# SUGGESTED NEEDLES AND GAUGES

Yarn weight	Gauge over 4" / 10cm	Gauge over 1 inch / 2.5cm	Needle size
Fingering	28 sts	7 sts	US 1–3 / 2.25–3.25mm
Sport / baby	24 sts	6 sts	US 3–5 / 3.25–3.75mm
DK / light worsted	20 sts	5 sts	US 5–7 / 3.75–4.5mm
Worsted / Aran	16 sts	4 sts	US 7–9 / 4.5–5.5mm
Chunky	12 sts	3 sts	US 9–11 / 5.5–8mm



## MEASUREMENTS

	toddler	child (4–8 yrs)	child– adult small	adult medium	adult large	adult x-large	adult xx-large	
size	A	B	C	D	E	F	G	
actual hand circumference	5	5 ¾	6 ½	7 ¼	8	8 ¾	9 ½	inches
actual hand length - wrist to fingertip	4 ¾	5 ½	6 ¼	7 ¼	8	8 ¾	9 ½	
finished hand circumference*	5 ¼	6	6 ¾	7 ½	8 ½	9 ¼	10	
finished wrist circumference*	4 ¾	5 ½	6	6 ¾	7 ¾	8 ¼	9	
Finished length - mittens	7	8	9	10.5	11.5	12.5	13.75	
Finished length - fingerless mitts	4 ¾	5 ¼	6 ¼	7	7 ¾	8 ½	9	
Cuff length	1 ¾	2	2 ¼	2 ¾	3	3 ¼	3 ½	
Gusset length	2	2	2.5	2.5	3	3	3	
size	A	B	C	D	E	F	G	
actual hand circumference	12.5	14.5	16.5	18.5	20.5	22	24	cm
actual hand length - wrist to fingertip	12	14	16	18.5	20.5	22	24	
finished hand circumference*	13.5	15	17	19	21.5	23.5	25.5	
finished wrist circumference*	12	14	15	17	19.5	21	23	
Finished length - mittens	18	20.5	23	26.5	29	32	35	
Finished length - fingerless mitts	12	13.5	16	18	19.5	21.5	23	
Cuff length	4.5	5	5.5	7	7.5	8	9	
Gusset length	5	5	6.5	6.5	7.5	7.5	7.5	

\*due to rounding the exact finished circumference will vary slightly between gauges

## YARN REQUIRED – FULL MITTENS

size	A	B	C	D	E	F	G	
7	125	140	195	235	295	350	400	yds
6	100	115	160	190	240	285	325	
5	75	85	120	150	185	220	245	
4	55	60	85	105	125	155	175	
3	35	35	50	60	70	85	100	
size	A	B	C	D	E	F	G	
7	115	130	180	215	270	320	365	metres
6	90	105	145	175	220	260	295	
5	70	80	110	135	170	200	225	
4	50	55	80	95	115	140	160	
3	30	30	45	55	65	80	90	

## YARN REQUIRED – FINGERLESS MITTS

size	A	B	C	D	E	F	G	
7	100	110	155	185	230	270	305	yds
6	75	85	125	150	190	220	245	
5	60	70	95	115	150	170	185	
4	45	50	70	80	100	120	130	
3	25	25	40	50	55	65	75	
size	A	B	C	D	E	F	G	
7	90	100	140	170	210	245	280	metres
6	70	80	115	135	175	200	225	
5	55	65	85	105	135	155	170	
4	40	45	65	75	90	110	120	
3	25	25	35	45	50	60	70	

## FOLLOWING THE PATTERN

When the different size and gauge combinations in the pattern require you to use different numbers, the information is presented in a table. Find your gauge in the left column of the table (in stitches per inch / 2.5cm) then follow across to the column for your size.

Eg: if my gauge is 8.5 sts per inch and I want to knit size F I'll find my gauge and size in the table of cast-on st counts and know I need to cast on 72 sts.

I recommend circling or highlighting the numbers that apply to your size and gauge before beginning.

GAUGE →

## ABBREVIATIONS

dec	decrease
EOR	end of round
inc	increase
k	knit
k2tog	knit 2 together (a right leaning decrease)
m	marker
m1L	make one left – pick up the strand between the needles with L needle tip from the front and knit into the back of loop
m1R	make one right – pick up the strand between the needles with the L needle tip from the back and knit it normally
p	purl
pm	place marker
rep	repeat(ing)
rnd(s)	round(s)
slm	slip marker
ssk	slip, slip, knit – sl 2 sts knitwise individually, insert L needle into slipped sts from L to R, k these 2 sts together (a L leaning dec)
st st	stockinette / stocking stitch
st(s)	stitch(es)

↓  
SIZE

	D	E	F	G	H	I	
10	76	80	84	88	96	100	sts
9.5	72	76	80	84	88	92	
9	68	72	76	80	84	88	
8.5	64	68	72	76	80	84	
8	60	64	68	72	76	80	
7.5	56	60	64	68	72	76	
7	52	56	60	64	64	68	
6	44	48	52	52	56	60	

# YARNS FEATURED IN SAMPLES

## FINGERING

A: Fibre + Farm 4Ply (100% Shetland Wool from Regeneratively Grazed Sheep, 185 yds / 170m , 50g) in P334 Light Blend

B: Fluff Merino 4ply by World of Wool (100% Merino, 191 yds / 175m, 50g) in Squirrel Tail

## DK / LIGHT WORSTED

C: Starcroft Fiber Nash Island Light (100% Wild Maine island wool, 175 yds / 160m, 4 oz / 113g) in Cove

## WORSTED

D: Knitting for Olive Heavy Merino (100% merino, 137 yds / 125m, 50g) in Rust

## ARAN

E: Elchies Farm Wool Aran (Ryeland Wool Alpaca Blend, approx 165 yds / 150m, 100g) in Grey

